

BOK CORPUS

BOK Bergen April - June 2021 (EN / NO)

Howaida	Enhancing Identity - in our children and ourselves
Hermón	Judging a book by its cover - lessons from a 5-year long journey
Olav	Accepting Dissonance - on embracing differences and navigating chaos
Marie	About taking chances on passion, and pushing through from early on: the life-learnings of a young graffiti artist
Mona	To belong to several places: my life between Somalia - Ethiopia and Norway
Lamija	About fighting, martial arts and growing strong as a woman "outside the norm"
Merete	About questioning our values and bringing awareness as social worker to the youth
Benedicte	Seed harvesting - what we can do for more independence from industrial agriculture
Ifeanuu	Sickle cell disease - on navigating an invisible medical condition in Nigeria and Norway
Philipp Carol	On discovering my biological heritage as an adoptee from Ethiopia "Do we hear the same thing when we say the same word?": what being a foreigner teaches about listening better
Deka & Mohamed	How to support self-organization strategies by people with special needs in Somalia and more broadly on the African continent
Lotte	As a mother, how to support your children with neurodiversity through the school and medical system
Silje Øystein	How to navigate shame and body dysmorphia through self-care Strategies from the youth to navigate anger and frustration when failed by social support systems
Will Gio & Sonia	How to create a life without absolutely! no! legal! papers! Polyamory: a model of non-normative relationships
Hermón	Strategies to be active in your community as a person with refugee experience and a new local
Marie	Leaving your mark in public space - an introduction to the moral code and practice of graffiti art
Anna	Reclaiming pleasure after abuse - by learning about the nervous system
Djili	How to cross barriers of borders and language with football and music
Bjarte	"From punk to yogi": how to confront addiction through self-care
Michał	How I "came out" of the heteronormative system and post-war Poland and changed my life
Zarak	In pursuit for belonging - relocating across borders as a person from Pakistan
BOK Team - Brussels & Bergen	"bodies of knowledge": a nomadic classroom from Brussels to Bergen and beyond... (closing session)